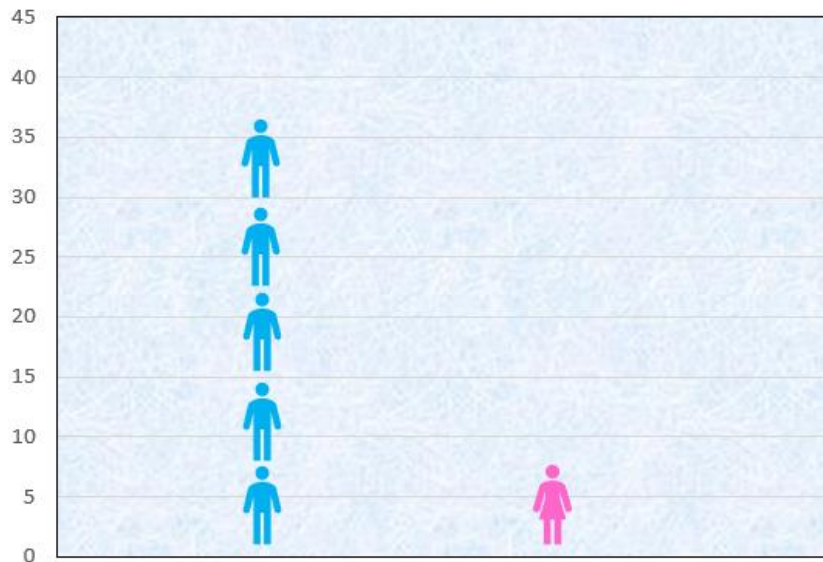
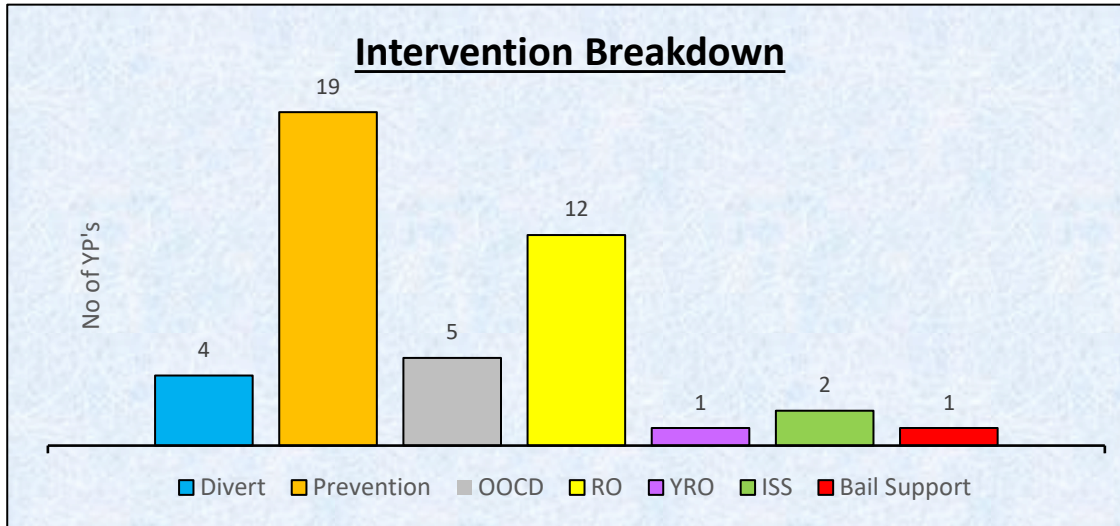


Cardiff YJS Summer Programme 2023



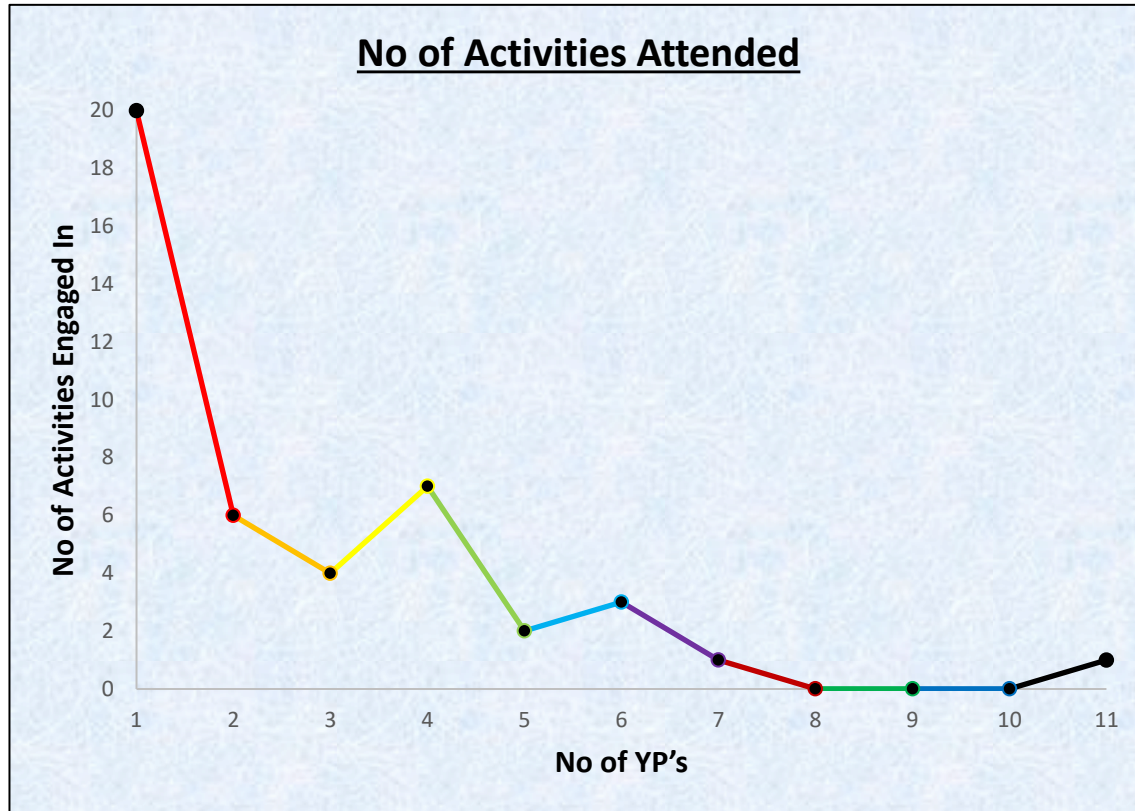


Overview of Engagement



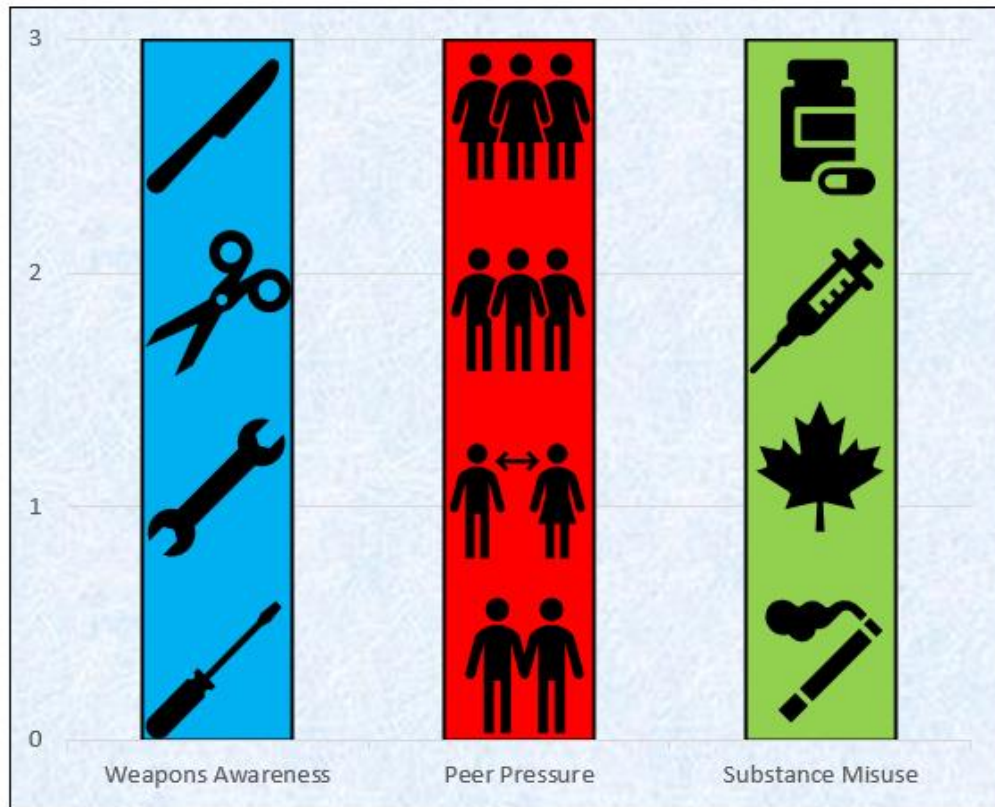
- A total of 44 young people engaged in activities this year, an increase of 11 young people from last year.
- 7 females (16% - double percentage from last year) attended activities and 37 males (84%).
- Young people from across the service attended, including 2 high risk young people on ISS, who both attended an activity every week.

Range of Activities



- We had a total of 19 different activities on offer for our young people, ranging from sporting activities such as golf, football and badminton, to creative and therapeutic sessions such as an art project and walking alpacas.
- On average, each young person attended 3 activities across the summer.
- **Community Activities: 10** - Go Karting, Bike Ride, St Fagans, Badminton, Golf, Cefn Mabley, Fishing, Alpaca Walking, Paddleboarding & Aqua Park.
- **YJS Activities: 6** - Cooking, Art Project, Girls Group, Weapons Awareness Interventions, Peer Influence sessions & Substance Misuse groupwork.
- **Partnership Activities: 3** – CCFC, Street Doctors & FIFA

Introduction of Intervention Sessions



This year, we introduced 3 group interventions to support our young people - peer influence, substance misuse and weapons awareness.

In total, 9 young people engaged with these sessions. When asked for feedback, one young person said, *'the intervention was better than I thought, and I learnt a lot'*. Another said, *'I liked being able to give my opinion in the workshop and have someone listen to it'*.

Moving forward, these interventions will be available for the whole service to access to ensure consistency across the service.

Introduction of Girls Group



In addition to interventions groups, at the beginning of summer we introduced Girls Group, as one of our current focuses is to expand upon how we are working with girls involved in the Youth Justice Service. Initially, we only had one girl attend but by the end of summer, 5 girls had attended sessions, taking part in activities such as cooking, hair design and jewellery making.



As part of the summer programme, we also ran 'Girls Only' sessions to Cefn Mabley Farm and Alpaca Walking.

We will continue to run weekly Girls Group sessions and have developed a programme of work covering a range of topics and activities, such as body confidence, emotional wellbeing and staying safe online.

Learning from Last Year

- Cardiff YJS focussed this year on engaging our higher risk young people on the summer activities by building trusted relationships. These staff attended sessions with young people to support and encourage them. We also implemented an enhanced risk assessment and safety mapping process to ensure the welfare of all our young people and allow all to attend.

This is my safety map, which will help Cardiff YJS to keep me safe when I am working with them, I understand that I need to share truthful information to help me keep safe.

Areas of Cardiff I feel Safe, Okay and Unsafe:

UNSAFE – I do not feel safe in this area and I cannot go here

OKAY – I can go to this area as long as I am with a professional

SAFE – I feel safe in this area, I don't know of any risks and I can go here.

	AREAS WHERE I AM UNSAFE:	STREETS WHERE I AM UNSAFE:	PEOPLE I HAVE AN ISSUE WITH:	PEOPLE WHO ARE A RISK TO ME:
1	Gabalfa	Every where else is No streets only areas		
2	Fairwater			
3	Llanishen			
4	Docks - OKAY			

- We developed a survey for young people to give recommendations about what activities they would like to attend, as last year the activities were very sport focussed. This allowed us to target specific interests of all our YP.

Young Person Feedback

"I've liked doing things I wouldn't normally get to do in the summer"



"It was fun having staff do the activities and give everything a go even when they were scared!"



"I've met people I didn't think I'd get along with but I did and it was fun doing stuff with other young people"



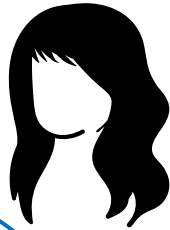
"Doing the activities has stopped me being bored and getting into trouble"



"It's made sticking to my order easier"

Staff Feedback

“It has been nice to provide new experiences and opportunities for our young people.”



“The Alpaca walking was like a well-being session and it was lovely to see the young people smiling the whole time”



“The weapons workshops were positive and are something that can now continue with our young people.”

“The football was also excellent, it was great to see the young people enjoying themselves, especially when receiving their certificates and football shirts.”

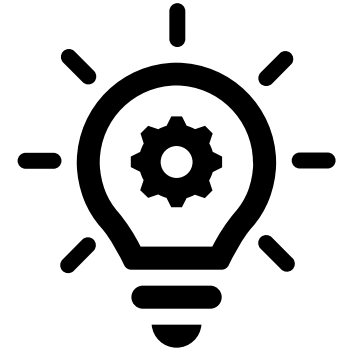
“It was nice to see young people from 'rival' areas get along and enjoy activities together”



“it was refreshing to see the young people having positive interactions with the general public, challenging the negative perception we often see in the press”



Focuses for Next Year...



- To develop additional groupwork interventions
- To build on “selling” process to young people to further encourage engagement
- To consider age appropriate splits for certain activities – younger and older young people
- To expand on available female specific activities
- To analyse most popular activities from this year and ensure these are available with additional capacity for next year